PHA DUE	DENTAL EXAM DUE	IMMUNIZATIONS DUE
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# SOCPAC/SOJ07 Command Surgeon Building 20, 2d Floor, Room 212 477-7930

If you have an emergency, call 911 immediately or go to the nearest ER.

## IN/OUT-PROCESSING OF PERSONNEL

- Monday - Friday, 0800 - 1100

## **ADMINISTRATION OF IMMUNIZATIONS**

- Tuesday, 1300 - 1500, Camp Smith Branch Health Clinic (MARFORPAC Bldg, 3-B, East Wing)

## **SICK-CALL WALK-IN**

- Camp Smith Branch Health Clinic, MARFORPAC Bldg, 3-B, East Wing
- Monday Friday, 0800 1000 (all hours are subject to change based on mission/personnel availability)

## **DEFENSE READY INFORMATION**

- If your data is not correct, call 477-7930 or email SOCPAC.SOJ07.ALL@pacom.mil
- Personnel must contact our office when they complete their PHA, Dental or any Immunizations outside of the SOJ07 area for us to update the PDB

## **DEERS UPDATE**

https://www.dmdc.osd.mil/appj/address/login/SelectLogin.do

## TRICARE ONLINE

https://www.tricareonline.com

Rev: 1 October 2014

PHA DUE	DENTAL EXAM DUE	IMMUNIZATIONS DUE

## PHA/DENTAL APPOINTMENT INFORMATION

## -NAVY/MARINE CORPS

Camp Smith Branch Health Clinic / Dental Clinic (\*\*<u>if assigned</u>\*\*)
MARFORPAC Bldg, 3-B, East Wing

### **PHA**

- 1. Schedule Appointment:
  - 477-2600, option 2
  - Clinic Hours: Monday/Tuesday/Wednesday/Friday, 0700-1530; Thursday 0700-1130

#### **Dental Exam**

- 1. Schedule Appointment:
  - 477-2600, option 3
  - Clinic Hours: Monday Thursday , 0700-1600; Friday, 0700-1300

## -AIR FORCE

15th Medical Group (\*\*<u>if assigned</u>\*\*)
755 Scott Circle, Bldg 559
Joint Base Pearl Harbor Hickam

#### **PHA**

- 1. Complete PHA Questionnaire
  - Within 60 days PRIOR to scheduled PHA appointment
  - https://afwebha.afms.mil
- 2. Schedule Appointment: (Appt Line Hours: 0715-1600)
  - NON FLYERS, PHA Clinic (448-6245)
    - 448-6000 (option 1, then option 2)
      - Take note of the encounter ID number found on the Web HA certificate PRIOR to calling
    - Location: C-Wing, 1st Floor
  - FLYERS, Flight Medicine (448-6140)
    - 448-6000 (option 1, then option 1, then option 3)
      - Take note of the encounter ID number found on the Web HA certificate PRIOR to calling
    - Location: C-Wing, 2d Floor
- 3. \*\*15 MDG is CLOSED every 3d Thursday of the month for training\*\*

#### **Dental Exam**

- 1. Schedule Appointment: (Appt Line Hours: 0715-1600)
  - Hickam Dental Clinic (448-6371)
    - 448-6000 (option 1, then option 2)
  - Clinic Hours: Monday Friday, 0700-1600
  - Location: A-Wing, 3d Floor

## -ARMY

Tripler Army Medical Center (TAMC)
1 Jarrett White Road
Honolulu, HI 96859

### **PHA**

- 1. Complete the PHA Questionnaire
  - Log into AKO. On the toolbar select the "Self Service" dropdown menu and select "My Medical Readiness" (PDHRA's are also located here)
  - Click on "Periodic Health Assessment (PHA)"
  - On the right, under "New Form" select "click here"
  - Complete the form and submit
- 2. Schedule Appointment: Tripler Public Health Clinic, 433-6834
  - Location: Portable Building X107 (between the VA Center and D-Wing)
    - They will direct you as needed for EKGs, labs, ect.
  - Alternate PHA, Schofield Barracks, 433-8677

#### **Dental Exam**

- Tripler Dental Clinic, 433-6825 (option 3, then option 4)
- Monday Friday, 0715-1615, by appointment ONLY (no walk-ins)
- Location: Oceanside, G1D, past the Tripler flagpole, at the end of the sidewalk, in the front

## **Optometry Exam** (required if you need glasses)

- Tripler Optometry, 433-2778-3-8-2
- Monday Friday, 0730 1600, by appointment ONLY (no walk-ins)
- Location: Mountainside, 4G, past Tripler ER. If you see the main lab on your right, turn left down the nearest hallway, door on your right.
- If you wear contacts, do NOT have them in and bring your glasses

#### Audiology Exam

- Tripler Audiology, 433-5742
- Monday Friday, 0800 1000, walk-in/appointments
- Location: Oceanside, 3C. If you park near the flagpole, enter the front, pass the information desk, turn right and proceed all the way down the hallway to the elevators. (If you make it to the shoppette, you have gone too far!) Go to the 3d floor and exit to your right.



